

Mohawk Valley Community College Baseball Camp

Typical daily schedule:

8:50-9:10am Check-in

9:10-9:30am Team stretching

9:30-9:50am Throwing progression

9:50-10:05 Break

10:05-10:45 Defensive Position Play

10:45-11:30 Hitting

11:30-12:30 Lunch/Movie Break

12:30-1:00 Group instruction

1:00-2:45 Sandlot Games with
coaches

2:45-3:00 Check Out



MVCC Baseball Camp 2019



Mohawk Valley Community
College Baseball Camp 2019

Mohawk Valley CC Athletics
1101 Sherman Dr.
Utica, NY 13501

(315) 792-5674-baseball office
dwarren@mvcc.edu

Mohawk Valley Community College Baseball Camp



*July 15-19, 2019
9:00am-3:00pm
Boys Ages 7-15*



E-mail: dwarren@mvcc.edu
Phone: 315-792-5674

Mohawk Valley Community College Baseball Camp



Camp Director:
Dave Warren

Coach Warren took over in 2001 as the skipper of the MVCC Baseball program. Mr.

Warren has been a full time employee of MVCC since December of 1997. A native of Mohawk N.Y. Dave has the most wins in the history of MVCC baseball. He has coached numerous players on to the four year and even professional levels..

Staff:

Current and former college level players and coaches will be on hand to work closely with the campers.



Camp Costs: We pride ourselves on being the best and most affordable sports camp in the Mohawk Valley

Each Camper should bring: sneakers for indoor play in case of inclement weather, glove, water bottle, lunch if not purchasing a meal plan. Campers may bring there own bat and helmet. Campers will be placed in groups by age-range.

One Camper, Bring your own lunch \$120

One Camper, including a college lunch plan. \$150

Family rate: Two Children-Bring your own lunch. \$200

Family rate: Two Children-including college lunch plan. \$260

Age Range 7-15

Insurance: Supplemental camp insurance is provided for all participants through the registration fee.

Pre-Registration: Although not required, is strongly encouraged to assure a spot.

Registration: Campers should register between 8:30-9:00am on Monday, July 15th in the lobby of the Jorgensen Center Field House on the MVCC Utica Campus.

MVCC Baseball Camp Registration Form

Name: _____

D.O.B / / Age: _____

Address: _____

City: _____

Zip: _____ Phone: _____

T-shirt circle one

Youth Sizes available: YM YL

Adult sizes available: S M L XL

E-mail : _____

Mon. July 15-Fri. July 19. 9am-3pm

Make checks payable and send to:

Mohawk Valley Community College

Athletic Department-Baseball Camp

1101 Sherman Drive

Utica, NY 13501

Sorry-No Credit Cards

Parents Authorization: I understand that this camp requires a degree of physical activity and fitness. My son has had a physical recently and may participate in all activities at the MVCC Baseball Camp. In the event that I can not be reached in an emergency, I hereby give permission to the physician selected by the camp director to provide treatment for my child. I further agree that the camp staff, mvcc and Oneida County be held harmless from and indemnified against any and all liability, cost, claims, loss or damage which it may incur as a result of any accident or injury to my child.

Parent or Guardian Signature: _____ Date _____

Please check box if agree. I irrevocably grant Mohawk Valley Community College the right to photograph the named child, during camp activities, for the purpose of future advertising.