Mohawk Valley Community College Baseball Camp

Typical daily schedule: 8:50-9:10am Check-in 9:10-9:30am Team stretching 9:30-9:50am Throwing progression 9:50-10:05 Break 10:05-10:45 Defensive Position Play 10:45-11:30 Hitting

11:30-12:30 Lunch/Movie Break

12:30-1:00 Group instruction

1:00-2:45 Sandlot Games with coaches

2:45-3:00 Check Out



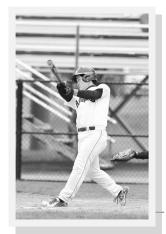
MVCC Baseball Camp 2019



BANNOCC MOHAWK VALLEY COMMUNITY COLLEGE

Mohawk Valley Community College Baseball Camp 2019

Mohawk Valley CC Athletics 1101 Sherman Dr. Utica, NY 13501 (315) 792-5674-baseball office dwarren@mycc.edu Mohawk Valley Community College Baseball Camp



July 15-19, 2019 9:00am-3:00pm Boys Ages 7-15



E-mail: dwarren@mvcc.edu Phone: 315-792-5674 Mohawk Valley Community College Baseball Camp



Camp Director:

Dave Warren

Coach Warren took over in 2001 as the skipper of the MVCC Baseball program. Mr.

Warren has been a full time employee of MVCC since December of 1997. A native of Mohawk N.Y. Dave has the most wins in the history of MVCC baseball. He has coached numerous players on to the four year and even professional levels..

Staff:

Current and former college level players and coaches will be on hand to work closely with the campers.



Camp Costs: We pride

ourselves on being the best and most affordable sports camp in the Mohawk Valley

Each Camper should bring: sneakers for indoor play in case of inclement weather, glove, water bottle, lunch if not purchasing a meal plan. Campers may bring there own bat and helmet. Campers will be placed in groups by age-range.

One Camper, Bring	\$120
your own lunch	

One Camper, includ- \$150 ing a college lunch plan.

Family rate: Two \$200 Children-Bring your own lunch.

Family rate: Two \$260 Children-including college lunch plan.

Age Range 7-15

Insurance: Supplemental camp insurance is provided for all participants through the registration fee.

Pre-Registration: Although not required, is strongly encouraged to assure a spot.

Registration: Campers should register between 8:30-9:00am on Monday, July 15th in the lobby of the Jorgensen Center Field House on the MVCC Utica Campus.

MVCC Baseball Camp	
Registration Form	
Name:	
<u>D.OB / / Age:</u>	
Address:	
City:	
Zip:Phone:	
<u>T-shirt circle one</u>	
Youth Sizes available: YM YL	
Adult sizes available: S M L XL	
E-mail :	
Mon. July 15-Fri. July 19. 9am-3pm	
Make checks payable and send to:	
Mohawk Valley Community College	
Athletic Department-Baseball Camp	
1101 Sherman Drive	
Utica, NY 13501	
Sorry-No Credit Cards	
Parents Authorization: I understand that this camp requires a degree of physical activity and fitness. My son has had a physical recently and may participate in all activities at the MVCC Baseball Camp. In the event that I can not be reached in an emergency, I hereby give permission to the physician selected by the camp director to provide treatment for my child. I further agree that the camp staff, mvcc and Oneida County be held harmless from and indemnified against any and all liability, cost, claims, loss or dam- age which it may incur as a result of any accident or injury to my child.	

Parent or Guardian Signature:

Date

Please check box if agree. I irrevocably grant Mohawk Valley Community College the right to photograph the named child, during camp activities, for the purpose of future advertising.