

# HAMILTON *Sports Day Camp*

***A Variety of Sports in a Fun, Non-Competitive Setting!***

**2019 Session:  
July 22-26, 2019**

For Boys and Girls Ages 6-11 Years Old  
Daily 9:00 a.m. - 4:00 p.m. (with Early Drop-off Starting at 8:30 a.m.)

**Cost: \$210 per camper**

For further information, please contact:

**Missy Mariano & Lauren Cupp, Camp Directors**

Hamilton College Athletics

198 College Hill Road, Clinton, NY 13323

Phone: 315-859-4760 or 315-859-4594

E-mail: [mmariano@hamilton.edu](mailto:mmariano@hamilton.edu) or [lcupp@hamilton.edu](mailto:lcupp@hamilton.edu)

**Camp health form can be found at:**

[http://athletics.hamilton.edu/information/camps\\_and\\_clinics](http://athletics.hamilton.edu/information/camps_and_clinics)



# THE PROGRAM COST and PARTICIPATION

## \$210 per camper

A deposit of \$110 must accompany all applications. It is advised that you register as early as possible. Applications will be accepted on a first come, first served basis until the camp is filled. The balance must be paid at registration. There will be no refunds for expulsion or voluntary withdrawal. There are \$10 off discounts for returning campers, siblings, and Hamilton College employees. Only one discount can be applied to each camper.

## THE PROGRAM

Campers will be introduced to and participate in a variety of sports and games in a fun, non-competitive setting.

Campers are supervised at all times by at least two camp counselors. There are certified lifeguards on deck for all pool activities in addition to the camp staff. Athletic trainers certified in First Aid and CPR are on site.

**Activities include:** Tennis, Basketball, Swimming, Capture the Flag, Soccer, Frisbee, Kickball, Wiffle Ball, Golf and Relay Races.



## THE TYPICAL DAILY SCHEDULE

### Sample daily schedule:

8:30 - 8:45 a.m.	Drop off at Tennis Courts
8:45 - 9:00 a.m.	Attendance/Warm-up Activity
9:00 - 10:00 a.m.	Games as above
10:30 - 11:15 a.m.	Swimming
11:30 - 12:15 p.m.	Lunch*
12:30 - 1:45 p.m.	Movie/Board Games in Science Center
1:45 - 3:45 p.m.	Games as above
3:45 - 4:00 p.m.	Pick-up at Tennis Courts

\* All campers receive daily all-you-can-eat lunch.

\* All campers receive a Sports Day Camp gift.





# ABOUT HAMILTON



Hamilton College is a small liberal arts college that can provide student-athletes with many unique opportunities to challenge themselves in both academics and athletics. Located on 350 wooded acres in Central New York, Hamilton College is one of the finest liberal arts colleges in the country. Our academic and athletic facilities are among the best. Hamilton's student body is comprised of approximately 900 women and 900 men.

Since Kirkland College and Hamilton College joined to form one co-educational institution in 1978, women's athletics have advanced rapidly. Hamilton offers varsity programs in baseball, basketball, cross country, crew, field hockey, football, golf, ice hockey, lacrosse, soccer, softball, squash, swimming and diving, tennis, indoor and outdoor track and field, and volleyball.

## THE LOCATION

Hamilton is one of the nation's oldest colleges, chartered in 1812. Its hilltop campus is located in scenic central New York State, in the Village of Clinton, which is nine miles from the City of Utica. The College is easily accessible by air, rail, bus, and automobile.

Hamilton's athletic facilities make possible virtually any time of organized athletics. Along with Hamilton's 50,000 square-foot Field House, the facilities include: a hockey rink, squash courts, tennis courts, a golf course, indoor and outdoor track, fitness center, swimming pool, racquetball courts, and nautilus and Olympic weight rooms.



## HAMILTON All Sports Day Camp

**A Variety of Sports in a Fun, Non-Competitive Setting!**

**Program Cost: \$210 per camper**

Applicant's Name: \_\_\_\_\_ Sex:  M  F

Number & Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

Age as of 6/19: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School Attended: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Parent's Email Address: \_\_\_\_\_

**(Required)**

\_\_\_\_ I agree to allow my child to be photographed and/or videotaped for possible use in future print and online promotion of this camp. Please initial here: \_\_\_\_\_

**Shirt Size:** (Circle One) YS YM YL YXL AS AM

**Registration:** \_\_\_\_\_ July 22-26, 2019

If I'm accepted, I promise to conform to the regulations of the Hamilton Sports Day Camp.

Camper's Signature: \_\_\_\_\_

**ENCLOSED IS:**

\_\_\_\_ My child's completed Health Record

\_\_\_\_ **\$110 deposit\***

\*Please make checks payable to: **Trustees of Hamilton College**

\_\_\_\_ Copy of Insurance Card

\_\_\_\_ Parental Permission/Hold Harmless Agreement

**\$10.00 Discount for the following (only one discount allowed):**

\_\_\_\_ Hamilton College Employee

\_\_\_\_ Returning Camper

\_\_\_\_ Sibling (Sibling's Name: \_\_\_\_\_)

In case of Emergency, Notify: \_\_\_\_\_

Phone: \_\_\_\_\_

**Complete and return application form, along with deposit to:**

**Missy Mariano, Program Co-Director**

**All Sports Day Camp**

Hamilton College Athletics

198 College Hill Road, Clinton, New York 13323