



LUNCH MENU



LUNCH PRICE IS \$2.50 • MENU IS SUBJECT TO CHANGE • FOR MORE INFORMATION CONTACT HMIELNICKI@ONEIDA-BOCES.ORG

NOVEMBER 2019 • Clinton Elementary School

Available Daily:

Fresh Entrée Salads, Party Plates, Peanut Butter and Jelly Sandwich, Assorted Fresh Fruit, Vegetable Cruncher Cups, Variety of Fresh Fruit and Juice, Ice Cold New York State Milk.

Local Items this Month:

Milk, Cheddar Cheese, Yogurt, Butternut Squash, Sweet Potatoes, Apples, Cabbage, Carrots, Pork, Black Beans, Cauliflower, Meatballs, Maple Syrup, Zucchini, Kale, Hot Dogs. Items are bolded on menu.

Harvest of the Month:

BRASSICAS

Brassicas include plants in the cruciferous, cabbage and mustard family including cauliflower, kale, broccoli, mustard greens, kohlrabi and more! Brassicas are known for their high amounts of Vitamin C, Vitamin K and fiber!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				01 Cheesy Cheese Pizza Pepperoni Pizza Crisp Garden Salad Oreo Whip!
04 Chicken Parm Sandwich or Chicken Patty Terrific Tuna Sandwich Tiny Broccoli Trees	05 Warm Chili Deli Turkey Sandwich Whole Kernel Corn Tortilla Chips Harvest Corn Bread	06 Whole Grain French Toast Stix Ham & Cheese Sandwich Breakfast Sausage Hash Brown Patty	07 BBQ Pork Sandwich Deli Turkey Sandwich Garlicky Green Beans Apple Cabbage Slaw	08 Cheesy Cheese Pizza Chicken Pesto Pizza Garden Fresh Green Salad Nilla Whip!
11 Veteran's Day! No School!	12 Mozzarella Stix with Dipping Sauce Terrific Tuna Sandwich Tiny Broccoli Trees	13 Early Dismissal – No Lunch Served	14 Early Dismissal – No Lunch Served	15 Cheesy Cheese Pizza Spicy Buffalo Wing Pizza Fresh Garden Salad Black Bean Brownies
18 Popcorn Chicken Bites Terrific Tuna Sandwich X-Ray Vision Carrots Tomato Pie	19 Bacon Cheeseburger Deli Turkey Sandwich Curly Fries "Squash It" Soup	20 Cheesy Mac & Cheese Ham & Cheese Sandwich Maple Glazed Carrots	21 Roast Turkey with Dinner Roll Bologna & Cheese Sandwich Whipped Potatoes Veggie Choice! Zucchini Bread	22 Cheesy Cheese Pizza Garlic Pizza Garden Fresh Green Salad Jello Jewels
25 Chicken Nuggets Terrific Tuna Sandwich Rice Tiny Broccoli Trees	26 NY State All Beef Hot Dog Ham & Cheese Sandwich Carrot Coins	27 HAPPY THANKSGIVING!	28 HAPPY THANKSGIVING!	29 HAPPY THANKSGIVING!